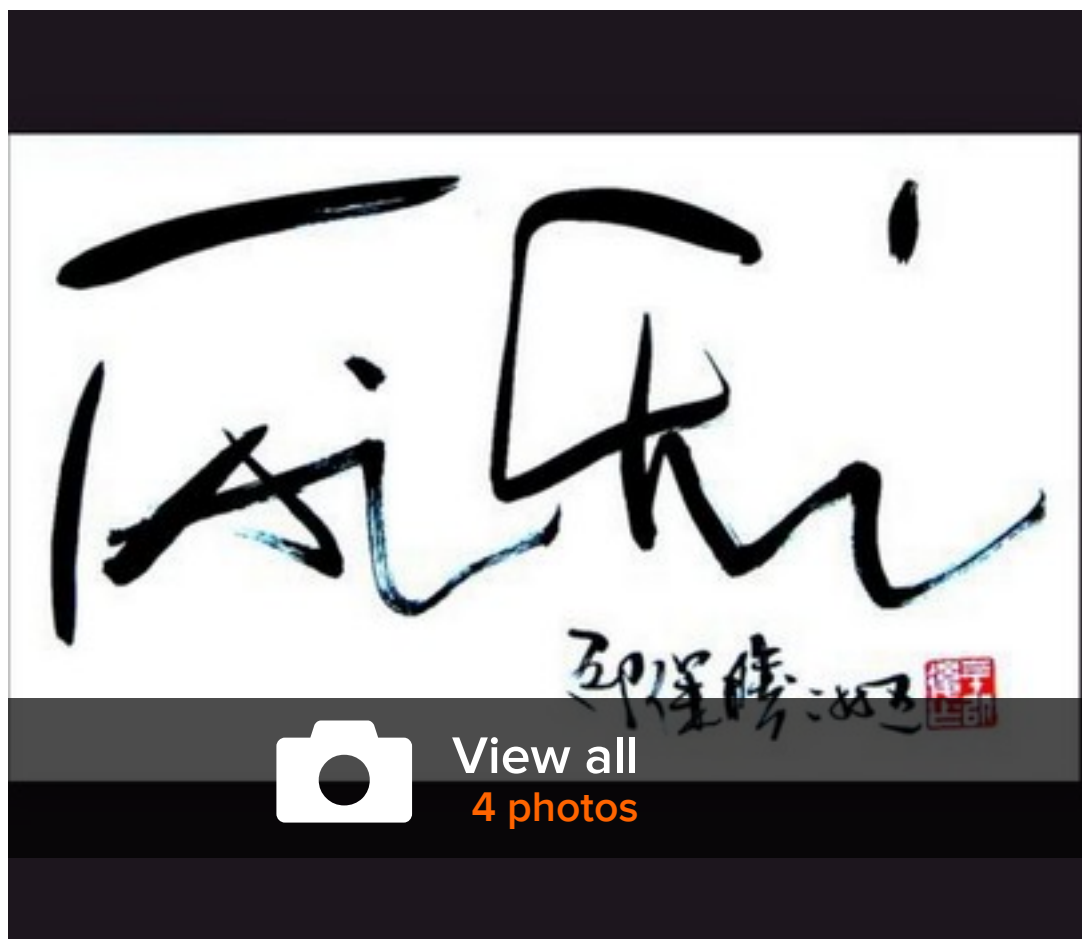


Peter Ziboce's Tai Chi and Chinese calligraphy

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Grandmaster Cheng Man-Ch'ing is regarded as Master of Five Excellences because his masteries in Traditional Chinese Medicine, [Tai Chi](#), Chinese Calligraphy, Poem and Painting. People that practice Tai Chi understand that Tai Chi is an art form and it is natural that people with artistic talents can appreciate Tai Chi or perform it well.



Master Peter Ziboce's Chinese Calligraphy: Tai Chi in English
Peter Ziboce



Peter Ziboce

Tai Chi Master [Peter Ziboce](#) of Hong Kong is an artist with many talents too. He followed Master Wong Kong Kee, a guru of Oil painting and Chinese calligraphy from the age of 6 for 50 years. Peter also admires and studies the writings of Calligraphy Sage Yu You-Ren (1879 - 1964), whose calligraphy is in cursive and semi-cursive manner and intensely animated or is called Running Script. Peter's calligraphy belongs to the same style, which is free flowing, creative, and not restricted by any rules. It is fascinating to watch him skillfully maneuver a 3-foot long brush on white paper and create a beautiful calligraphic art in less than 60 seconds (see the video clip on the left-hand-side). Peter's creativity for calligraphy is not limited to a pen brush though. He can write with any kind of tool, e.g. a bathroom brush, or a sandal. He also expresses his feeling and exhibits his artistic talents photography, seal carving, and cartoons.

In 1970, Master Ziboce started to learn Wu Style Tai Chi traditional forms from Sifu Fong, a disciple of Grandmaster Wu Kung Yee. Ten years ago, he studied Yang Style Tai Chi from Sifu Fong Pak Shing, a disciple of Grandmaster Tung Ying Kit. He also studied other kinds of [Martial Arts](#) including Yi Quan's Zhan Zhuang from Sifu Wong Kong Kee since 1970. He also learned Chen Style Tai Chi, Wing Chun, Shaolin, Liu-He-Ba-Fa and a variety of [Qigong](#) forms.

Ziboce's philosophy in martial arts is based on three principles: flexibility, creativity, and personality. Even though he has created hundreds of video clips on Tai Chi and [Kung Fu](#) explaining the form and post them on Youtube free for people to use. Ziboce thinks Tai Chi and other martial arts should be self-expression as a dance. His Kung Fu program emphasizes fun and enjoyment. He thinks that every practitioner should own a personal Tai Chi character and no need to compare the progress with others.

He started teaching Tai Chi and Qigong in 2002 to foreign/visiting students from all parts of the world. Poker Champion and Pro Player [Barry Greenstein](#) took a lesson from him during 2006 Poker Tournament in [Macao](#), China. Lessons are mainly short intensive private courses. Students have a variety of backgrounds and master levels of other martial arts such as Judo, [Karate](#), [Kendo](#), and boxing. He also provides training to corporates. Some Tai Chi classes had over 200 students in a group with the assistance of 10 other instructors.

The concepts of Peter's styles in Tai Chi and Kung Fu and Calligraphy are quite similar. Calligraphy consists of tracing marks of the brush movements, which include [strokes](#) of various forms such as twists, turns, strikes, and points. In other words, a piece of a finished Calligraphy is actually a record in motion of an imaginary war with somebody. He also designed a long brush and performed a Kung Fu "dance" with it. You can see the video by clicking [here](#).

From time to time, he put his calligraphy on web. Currently, there are 25 different writings on his [Facebook page](#), which he allows everyone to download for free. He has no idea how many have downloaded his digital calligraphy and arts so far. But he has found some of the graphics have been used in a number of web designs. So now you can print some of Master Ziboce's writing for your enjoyment.

Now you can follow me on Twitter <http://twitter.com/#!/TaichiExaminer> .

SUGGESTED LINKS

- [Tai Chi for Musicians](#)
- [You are never too old to learn Tai Chi, just ask Ginger.](#)



Violet Li

Tai Chi Examiner